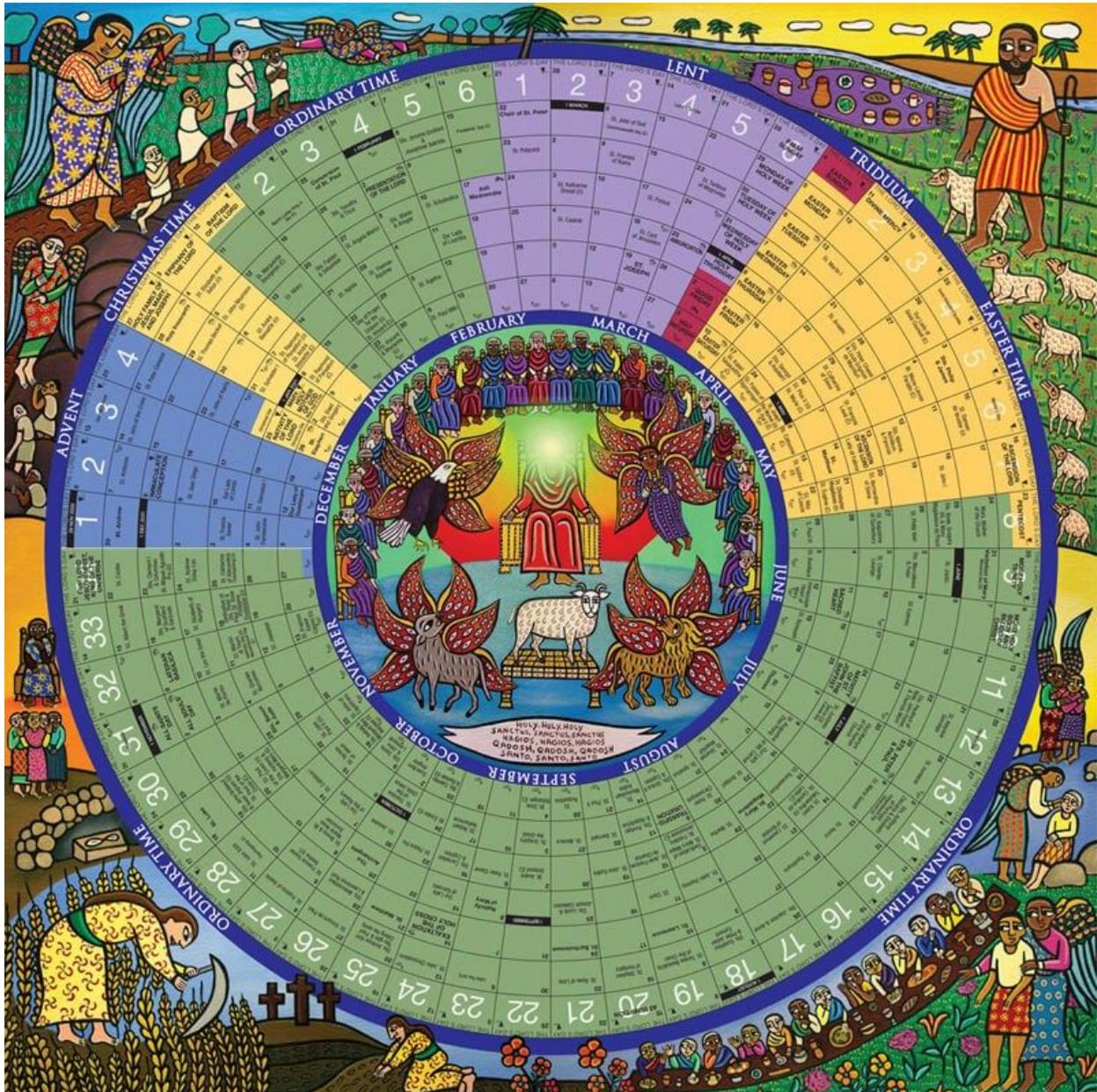


2021 Liturgical Calendar

Year of Grace



Resource List

How to Live Liturgically - Lisa Kirk

<https://www.thecatholicfeministpodcast.com/shownotes/lisak>

Feast Day Subscription Box

https://feastday.co/products/the-feast-day?goal=0_0e58e8d19b-1bd89ccb38-79577389&mc_cid=1bd89ccb38&mc_eid=d1ff4eee57

Finding Saint Feast Day

Blessed is She Liturgical Calendar Planners

www.Blessedisshenet.net

New Advent Catholic Encyclopedia

www.newadvent.org/cathen/

Saints and Angels

www.catholic.org/saints

“Saint of the Day”

www.franciscanmedia.org/saint-of-the-day/calendar

Universalis Calendar - in list form or can be added to Google calendar

<https://universalis.com/calendar.htm>

Feast

Catholic Cuisine blog

www.catholiccuisine.blogspot.com

Cooking with the Saints - book

www.sophiainstitute.com/products/item/cooking-with-the-saints

Drinking with the Saints - book

<https://www.ignatius.com/Drinking-with-the-Saints-P593.aspx>

Liturgy

Daily Mass Readings

www.bible.usccb.org

Virtual Masses from Around the World

<https://mass-online.org/daily-holy-mass-live-online/>

Adorn

Flowers

<https://www.gardeningknowhow.com/special/spaces/designing-a-saint-garden.htm>

Rose Herrington

<https://roseharrington.com/>

Google - "Flower Theology"

Icons

www.monasteryicons.com

<https://www.deviantart.com/theophilia/gallery>

Tiny Saints Keychains - www.tinysaints.com

History of Iconography

<https://www.monasteryicons.com/product/The-History-and-Symbolism-of-Iconography/did-you-know>

Catholic Saint Candles

<https://cordacandles.com/>

Pray

Catholic Saint Prayers

<https://www.catholic.org/prayers/prayer.php?s=41>

Pray More Novenas

<https://www.praymorenovenas.com/>

Living Liturgically during Advent

Important Dates This Season

- Nov. 29 - First Sunday of Advent (Hope)
- Nov. 30 - Feast of St. Andrew, Apostle
- Dec. 3 - Feast of St. Francis Xavier
- Dec. 6 - Second Sunday of Advent (Peace)
- Dec. 6 - Feast of St. Nicholas
- Dec. 7 - Feast of St. Ambrose, Bishop, Doctor
- Dec. 8 - Feast of the Immaculate Conception
- Dec. 12 - Feast of Our Lady of Guadalupe
- Dec. 13 - Third Sunday of Advent (Joy)
- Dec. 13 - Feast of St. Lucy
- Dec. 14 - Feast of St. John of the Cross, Priest, Doctor
- Dec. 17-23 - O Antiphons
- Dec. 20 - Fourth Sunday of Advent (Love)
- Dec. 21 - Commemoration of St. Peter Canisius, Priest, Doctor
- Dec. 23 - Commemoration of St. John of Kęty, Priest
- Dec. 24 - Vigil of the Nativity of the Lord
- Dec. 25 - Feast of the Nativity of the Lord

Feast

When we look at the Nativity, St. Joseph is one of the prominent figures. St. Joseph's feast day, March 19th, is often celebrated with meatless Italian pasta and desserts in a tradition that dates back to a drought in Sicily in the Middle Ages. As we prepare our hearts for Christmas from the view of St. Joseph, celebrate with an Italian dish. There are many recipes online if you search for "foods associated with St. Joseph". If you're looking for an easier route, a simple meatless spaghetti with red sauce is perfect!

Another way to feast in honor of St. Joseph is to prepare your father's favorite meal.

To celebrate the Feast of the Immaculate Conception make an Immaculate Heart cake. There are many examples on how to decorate on Google.

On December 12, the Church celebrates the Feast of Our Lady of Guadalupe where Our Lady appears to St. Juan Diego near Mexico City. As a way to celebrate this feast, have a meal of your favorite Mexican foods.

Mary is Theotokos, Mother of God. She is also our Mother as Jesus said on the cross, "Behold your Mother." To feast in honor of your Mother Mary, cook your mom her favorite meal.

We all have a favorite food - something that brings a smile to our face every time we have it. During the third week of Advent, have that meal and share it with your loved ones. Better yet, prepare their favorite meal as a surprise!

There are many foods that have a significance during Advent: candy canes, fruitcake, cookies, eggnog, mulled wine, etc.

Look up foods associated with some of the different Saints during this season. For example, biscotti for St. Nicholas, St. Lucy treats, and German food for St. Peter Canisius.

Liturgy

Attend an additional Mass during the week whether at St. Tom's or another parish which better fits into your schedule.

If you're not comfortable attending Mass in person, or would like to experience Mass in a different culture, visit <https://mass-online.org/daily-holy-mass-live-online/>.

As we begin a new Liturgical Year with the Advent season, it is important that we start off on the right foot. Attend the Sacrament of Reconciliation and let the graces renew your hope in your goodness.

Reconciliation Schedule:

Tuesday and Thursday - 4:30pm

Wednesday and Friday - 1:00pm

Saturday - 4:00pm

St. Tom's Day of Mercy - Dec. 9th from 10:00am-9:00pm

St. Al's Penance Service - Dec. 1st from 7:00-8:00pm

St. Al's Day of Grace - Dec. 16th from 8:00am-8:00pm

The Feast of the Immaculate Conception is a Holy Day of Obligation in which the Church celebrates the conception of Mary in the womb of St. Anne. Attend this special Mass, either in person or virtually, with the specific intention of asking Mary to be intimately present in your life.

Participate in the Candlelight Vespers at St. Tom's on Wednesday at 6:00pm. Or pray Evening or Night prayer from the Liturgy of the Hours (ibrevary.com).

Adorn

Get out your Advent wreath or go to the store and find three purple and one pink candle. Pray the prayers associated with the wreath each week as you light another candle.

The liturgical color for Advent is purple, specifically the purple with a blue hue. Use this color to adorn your house. For the Third Week of Advent, switch the purple to pink/rose.

Joseph is often depicted in shades of green and brown. Blue is the color of Mary. Christ is depicted wearing white, red, and blue. Throughout this season, intentionally wear these colors.

Find images of Joseph, Mary, the empty stable, or any of the Saints we celebrate this season and display them in prominent areas of your home or office.

Place the empty stable from your Nativity scene in your home. Either slowly add pieces throughout the season or wait until Christmas Eve to fill your stable. If you have young children, have them place pieces of hay in the stable for good deeds throughout these weeks.

Flowers for Advent:

- Roses and Lilies for Mary
- Lilies for St. Joseph
- Baby's Breath for Christ
- Poinsettia "Flowers of the Holy Night"
- Evergreen

Candles/Scents of Advent:

- Campfire, leather, sawdust, or woodsmoke for St. Joseph
- Rose or Lily for Mary
- Frankincense or other similarly scented candle (Woodwick candles from Meijer have similar scents)

Pray

Advent Wreath Blessing and Prayers:

<https://www.catholicculture.org/culture/liturgicalyear/prayers/view.cfm?id=95>

Pray the Rosary this season focusing on the Joyful Mysteries and the life of Jesus through Mary's eyes.

Prayer to St. Joseph

Oh, St. Joseph, whose protection is so great, so strong, so prompt before the throne of God. I place in you all my interests and desires. Oh, St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord. So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.

Oh, St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine head for me and ask him to return the Kiss when I draw my dying breath. St. Joseph, Patron of departing souls - Pray for me.

Prayer to Baby Jesus

O Divine Redeemer Jesus Christ, prostrate before Thy crib, I believe Thou art the God of infinite Majesty, even though I do see Thee here as a helpless babe.

I humbly adore and thank Thee for having so humbled Thyself for my salvation as to will to be born in a stable. I thank Thee for all Thou didst wish to suffer for me in Bethlehem, for Thy poverty and humility, for Thy nakedness, tears, cold and sufferings.

Would that I could show Thee that tenderness which Thy Virgin Mother had toward Thee, and love Thee as she did.

Would that I could praise Thee with the joy of the angels, that I could kneel before Thee with the faith of St. Joseph, the simplicity of the shepherds.

Uniting myself with these first adorers at the crib, I offer Thee the homage of my heart, and I beg that Thou wouldst be born spiritually in my soul.

Make me reflect in some degree the virtues of Thy admirable nativity. Fill me with that spirit of renunciation, of poverty, of humility, which prompted Thee to assume the weakness of our nature, and to be born amid destitution and suffering.

Grant that from this day forward, I may in all things seek Thy greater glory, and may enjoy that peace promised to men of good will.

Pray the *O Antiphons* from Dec. 17-23:

<https://www.usccb.org/prayer-and-worship/prayers-and-devotions/prayers/the-o-antiphons-of-advent>

Other prayers associated with the Saints during this season may also be prayed.

Participate

Learn about the symbolism of the Advent wreath.

As a carpenter, St. Joseph worked with his hands every day. This week, make someone a handmade gift. It doesn't have to be anything fancy or intricate and can be anything from a coloring page to a baked good. Pray for St. Joseph's intercession for this person while working on your gift.

On the evening of Dec. 5th have your family place their shoes outside their door. Fill the shoes with small gifts such as candy, socks, coins.

The Immaculate Conception is a celebration of the unborn and Our Lady of Guadalupe is the patroness of the unborn. During the second week of Advent, do something for your local pregnancy center or a new mom in your life.

Starting on Dec. 1 - Read one chapter of Luke's Gospel each day.

Do an Advent Spiral Walk. Directions can be found:

<http://www.mountainhearth.com/2010/12/advent-spiral-walk.html>

Move through Salvation History with a Jesse Tree. Here's a print and color one to be used with the whole family:

<https://www.catholicinspired.site/jesse-tree.html>